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## **CSAC Announces Volleyball Regular Season Awards**

**Aston, PA, November 2, 2009** – The Colonial States Athletic Conference announced the recipients of the Player, Rookie, and Coach of the Year; First, Second and Honorable Mention All-Conference teams and individual sportsmanship awards.

Cabrini College's **Stephanie Recklau** (Jr, MH, Holland, PA/Council Rock) was named the Colonial States Athletic Conference Volleyball Player of the Year. The junior led Cabrini College in kills, attack percentage, solo blocks, block assists and total blocks en route to an undefeated season in CSAC regular season play.

Centenary College's **Jelena Markovic** (Fr, S, Brcko, Bosnia/The Economic School) was named the CSAC Volleyball Rookie of the Year. The freshman setter helped Centenary College to a 7-4 conference mark and the No.5 seed in the CSAC playoffs after Centenary missed the postseason last year.

Cabrini College's **Eric Schaefer** was named the CSAC Volleyball Coach of the Year. The third year head coach led the Cavaliers to an undefeated record in conference play at 11-0. The Cavaliers won 22 games overall in 2009, matching the program record for victories in a season.

**Player of the Year:** Stephanie Recklau, Cabrini College

**Rookie of the Year:** Jelena Markovic, Centenary College

**Coach of the Year:** Eric Schaefer, Cabrini College

### **First Team All-Conference :**

Hitters-

Stephanie Recklau, Cabrini

Ashley Mathis, Neumann University

Carly Plank, Philadelphia Biblical University

Traci Beltz, Cabrini College

Marlie Kniefel, Baptist Bible College

Libero-

Melissa Haines, Neumann University



Setter-

Lizzie Williams, Cabrini College

**Second Team All-Conference :**

Hitters-

Jerrae Robinson, Neumann University

Alexis Doss, Cabrini College

Jessica White, Baptist Bible College

Emily Fillman, Marywood University

Catherine Subrizi, College of Notre Dame

Libero-

Courtney Abel, Cabrini College

Setter-

Jelena Markovic, Centenary College

**Honorable Mention:**

Rachel Calderon, Philadelphia Biblical University

Lindsay Dager, Philadelphia Biblical University

Emilee Gruse, Neumann University

Jayne Lenosky, Immaculata University

Betsy Ranck, Philadelphia Biblical University

Megan Ryan, Cabrini College

Cecily Scavicchio, Neumann University

Lauren Sheehan, Neumann University

Leah Simko, Keystone College

Kay Lynn Zeiset, Philadelphia Biblical University

**CSAC Sportsmanship Award Recipients:**

Brittany Floyd, Baptist Bible

Beth Gillespie, Cabrini College

Yuki Arita, Centenary College

Kelly Oakes, Cedar Crest College

Christine Kudrna, College of Notre Dame

Nicole Burke, Gwynedd-Mercy College

Leah Simko, Keystone College

Jayne Lenosky, Immaculata University



Maryrose Ammirati, Marywood University  
Melissa Haines, Neumann University  
Lindsay Dager, Philadelphia Biblical University  
Karen Boyle, Rosemont College

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Baptist Bible College • Cabrini College • Cedar Crest College • Centenary College • College of Notre Dame • Gwynedd-Mercy College •  
Immaculata University • Keystone College • Marywood University • Neumann University • Philadelphia Biblical University • Rosemont College

Associate Member •• Shenandoah University