



For Immediate Release

Aston, Pa. - COLONIAL STATES ATHLETIC CONFERENCE PLAYER OF THE WEEK FOR 3/14/2010

## BASEBALL

### PLAYER OF THE WEEK

Gwynedd-Mercy College's **Scott Carroll** (Senior, Shortstop, Churchville, PA/Council Rock South) was named the Colonial States Athletic Conference Player of the Week for the week ending March 14, 2010. Carroll went 11-for-26 (.429) over nine games on their spring break trip. In the teams' first game of the season, he went 3-for-4, with a double, 3 runs scored, and 3 RBIs in a win over Johnson & Wales. The shortstop had three hits, with two doubles, two runs scored, and two RBIs in the win over Milwaukee School of Engineering in the first game of a double header.

### PITCHER OF THE WEEK

Gwynedd-Mercy College's **James Myarick** (Junior, Philadelphia, PA/Holy Ghost) was named Colonial States Athletic Conference Pitcher of the Week for the week ending March 14, 2010. In Myarick's first career start, he allowed just one run on two hits over seven innings with seven strikeouts and four walks in the teams' season opening 17-1 win over Johnson & Wales. In the junior's next start, he fanned three over six innings, allowing two earned runs on seven hits in a tough 7-3 loss to Beloit College.

## MEN'S LACROSSE

### PLAYER OF THE WEEK

Immaculata University's **Brendan Dinneen** (Jr, Warminster, PA/Archbishop Wood) was named the Colonial States Athletic Conference Player of the Week in men's lacrosse for the week ending March 14, 2010. Dinneen totaled 10 points on eight goals and two assists to lead Immaculata in a 2-0 record for the week. The junior registered five goals and one assist in a win over Penn State Abington, and followed that with three goals and one assist in a 9-4 victory against Lebanon Valley.

## HONOR ROLL

Cabrini College's **Casey Grugan** (Sr., Ridley Park, PA/Ridley) was named to the Colonial States Athletic Conference honor roll for men's lacrosse for the week ending March 14, 2010. The senior attackman became Cabrini's all-time leader in career points (258), notching eight on three goals and five assists in a 15-8 victory versus Kenyon College March 13. Grugan also became just the second Cabrini player all-time to eclipse the 100-assist plateau (103) for his career.

**Conor Nolan** (Fr., Hillsborough, NJ/Immaculata) of Centenary College was named to the Colonial States Athletic Conference honor roll for men's lacrosse for the week ending March 14, 2010. Nolan finished with a team-high six points on two goals and four assists to lead Centenary to a 10-9 win over Mt. St. Vincent on March 11. The freshman leads the team with 20 points on 10 goals and 10 assists as Centenary is 3-0, the best start in program history.

## WOMEN'S LACROSSE

### PLAYER OF THE WEEK

Marywood University's **Taylor McKeown** (So., Nashua, NH/Bishop Guertin) was named the Colonial States Athletic Conference Player of the Week in women's lacrosse for the week ending March 14, 2010. McKeown scored six goals to lead Marywood to a 21-8 win over Randolph College in season-opener on March 1st. She scored five goals to lead Pacers to 13-12 overtime win against Sweet Briar College(DC)on March 3rd. The sophomore had two goals in 17-8 loss to Bridgewater College the following day. She then notched three goals and one assist in 13-12 loss to Elmira on Sunday. McKeown is averaging four goals per game.

## HONOR ROLL

Cabrini College's **Amanda Alexandrowicz** (Sr., Ridley, Pa/Ridley) was named to the Colonial States Athletic Conference honor roll for women's lacrosse for the week ending March 14, 2010. Senior attack Alexandrowicz totaled a career-high nine points on eight goals and one assist in a 13-12 win at the University of Scranton March 11. She recorded three points on three goals in a 14-8 loss at Haverford College March 9.

Centenary College's **Megan Mars** (Sr., Jackson, NJ/Jackson Memorial) was named to the Colonial States Athletic Conference honor roll for women's lacrosse for the week ending March 14, 2010. Mars matched her career-high with six goals in Centenary's season-opening 16-5 win over Lancaster Bible. The senior midfielder also tallied one assist and two groundballs.

## **SOFTBALL**

### **PLAYER OF THE WEEK**

Keystone College's **Abby Cohen**, (Freshman, Infielder, Bethlehem, PA/Freedom) was named Player of the Week in Softball for the Colonial States Athletic Conference for the week ending March 14, 2010. On the week Cohen led her team in batting average (.526), hits (10), RBIs (8) and total bases (20). The freshman committed only 1 error during their spring break trip earning a .944 fielding percentage, 4 put outs, and 13 assists.

### **HONOR ROLL**

Neumann University's **Kimberly Kirkpatrick** (Junior, Shortstop, Springfield, PA/Springfield) was named to the Colonial States Athletic Conference's Honor Roll for the week ending March 14, 2010. The junior had a .483 batting average on the week compiling 14 hits and 1 triple and a slugging percentage of .586. The shortstop also added 14 put outs and 23 assists with a .860 fielding percentage.

### **PITCHER OF THE WEEK**

Centenary College's **Kristin Durborow** (Junior, Pitcher, Manahawkin NJ/Southern Regional) was named Colonial States Athletic Conference Pitcher of the Week for the week ending March 14, 2010. Durborow pitched in both games on Sunday as Centenary split its first two contests of the season. The junior went the distance in a 4-3 loss to Ashford University. She then came off the bench to get the win, pitching five innings in a 16-3 victory over Staten Island. Duroborow struck out a combined 10 batters in the two games.

## **MEN' TENNIS**

### **PLAYER OF THE WEEK**

Neumann University's **Dan Harnos** (Sr., Lanoka Harbor, NJ/Lacy Township) was named the Colonial States Athletic Conference Player of the Week for men's tennis for the week ending March 14,2010. The senior helped Neumann University open the season with a 7-2 win against Alvernia University by sweeping both singles and doubles. Harnos teamed with partner Chris Brown to win at #1 doubles, 8-3. Dan then made quick work at #4 singles winning 6-1, 6-0.