

Aston Pa., - Colonial States Athletic Conference Player of the Week for November 1, 2009

Volleyball

Player of the Week:

College of Notre Dame's **Catherine Subrizi** (Jr, OH, Bel Air, MD/John Carroll) was named the Colonial States Athletic Conference volleyball Player of the Week for the week ending November 1. The junior led the Gators to a 3-2 victory at Gwynedd-Mercy College last Saturday with a 24 kill effort along with a .278 hitting percentage and 15 digs. Subrizi, the CSAC's kill leader finished the week averaging 4.73 kills and 2.3 digs per set in three matches.

Honor Roll:

Gwynedd Mercy College's **Kesley Craig** (FR, OF, Boothwyn, PA/Chichester) was named to the Colonial States Athletic Conference honor roll for volleyball for the week ending November 1. She notched double-digit kills in three matches this week. The freshman poured on a career-high 16 kills in the 5 set win over Cedar Crest. Craig recorded a double-double in the season finale with Notre Dame.

Men's Soccer

Player of the Week –

Cabrini College's **Brian Raffle** (Sr. M, Chalfont, PA, Christopher Dock HS) was named the Colonial States Athletic Conference's Player of the Week for the week ending November 1st. Raffle tallied a team-best six points on three goals in two victories for the Cabrini men's soccer team. He scored one goal in the Cavaliers' 6-1 victory against Baptist Bible College. The middle added two more goals, including his team-best 12th of the season, in a 5-0 win versus Keystone College.

Honor Roll –

Centenary College's **Andrew Pinnella** (Soph. F, Brielle, NJ, Manasquan) was named to the Colonial States Athletic Conference's Honor Roll for the week ending November 1st. Pinnella scored two goals this week. A goal against Gwynedd-Mercy College and the game winning goal in their game against Rosemont College, a game Centenary needed to win in order to make the playoffs.

Women's Soccer

Player of the Week –

Marywood University's **Lisa Hanselman** (Sr. F, Manheim PA, Menheim) was named the Colonial States Athletic Conference's Player of the Week for the week ending November 1st. Hanselman registered her second hat-trick of the season after scoring three goals in a 20:07 minutes

stretch as Marywood beat Keystone College. The 8-0 win wrapped-up an undefeated regular season CSAC play (9-0-1). Hanselman helped the team clinch the top seed in the CSAC playoffs for the second year in a row.

Honor Roll –

Dana Nardello (Jr. M, Berlin, NJ Paul VI HS) of Cabrini College was named to the Colonial States Athletic Conference's Honor Roll for the week ending November 1st. The junior tallied three points on one goal and one assist in a critical 3-2 win against Centenary College. The Cabrini women's soccer team clinched second place in the CSAC with the victory and has received a first-round bye for the CSAC Tournament.

Immaculata University's **Zena Tracey** (So. F, Philadelphia, PA, Math Science and Tech Community) was named to the Colonial States Athletic Conference's Honor Roll for the week ending November 1st. Tracey scored three goals, including the game winner in a 6-0 defeat of the College of Notre Dame to help the Mighty Macs secure the No. 5 seed in the CSAC Tournament.