



Centenary College Sports Information
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2009 Cross Country Times

Women

Chelsea Gummerson	Delaware Valley Invitational (6K)	30:52.7 (92 nd)
	Immaculata Invitational (5K)	23:45 (32 nd)
	Falcon Classic (5K)	23:08.7 (seventh)
	Blue Knight Invitational (5K)	24:54.06 (41 st)
	DeSales Invitational (6K)	28:00.64 (119 th)
	Leopard Invitational (6K)	28:03.10 (90 th)
	CSAC Tournament (5K)	23:12.0 (26 th)
Casey Bauer	Delaware Valley Invitational (6K)	34:05.2 (123 rd)
	Immaculata Invitational (5K)	26:37 (68 th)
	Falcon Classic (5K)	26:24.1 (34 th)
	Blue Knight Invitational (5K)	27:59.28 (85 th)
	DeSales Invitational (6K)	31:08.04 (180 th)
	Leopard Invitational (6K)	28:45.30 (93 rd)
	St. Joseph's Invitational (5K)	25:13.0 (27 th)
CSAC Tournament (5K)	24:41.0 (31 st)	
Priscilla Gomez	Delaware Valley Invitational (6K)	38:52.6 (145 th)
	Blue Knight Invitational (5K)	31:32.97 (108 th)
	DeSales Invitational (6K)	37:15.77 (215 th)
	Leopard Invitational (6K)	35:57.10 (99 th)
Alexis Roth	Delaware Valley Invitational (6K)	38:53.4 (146 th)
	Falcon Classic (5K)	29:45.2 (56 th)
	DeSales Invitational (6K)	36:37.16 (212 th)
	Leopard Invitational (6K)	34:15.00 (97 th)
	CSAC Tournament (5K)	31:11.0 (55 th)
Jin Sun Han	Delaware Valley Invitational (6K)	39:00.8 (148 th)
	Immaculata Invitational (5K)	32:00 (95 th)
	Falcon Classic (5K)	29:47.8 (57 th)
	Blue Knight Invitational (5K)	31:36.34 (110 th)

	DeSales Invitational (6K)	36:39.46 (213 th)
	Leopard Invitational (6K)	35:43.60 (98 th)
	St. Joseph's Invitational (5K)	30:31.0 (77 th)
	CSAC Tournament (5K)	30:32.0 (54 th)
Liz Guella	Delaware Valley Invitational (6K)	42:36.4 (152 nd)
	Immaculata Invitational (5K)	33:23 (97 th)
Jess Lynch	Immaculata Invitational (5K)	30:21 (88 th)
	Falcon Classic (5K)	29:44.2 (55 th)
	Leopard Invitational (6K)	34:07.40 (96 th)
Ashley Burger	Falcon Classic (5K)	28:45.5 (53 rd)
	Blue Knight Invitational (5K)	31:35.62 (109 th)
	DeSales Invitational (6K)	34:22.31 (204 th)
	Leopard Invitational (6K)	30:02.90 (94 th)
	St. Joseph's Invitational (5K)	28:28.0 (65 th)
	CSAC Tournament (5K)	27:09.0 (48 th)
Kelly Nielsen	Blue Knight Invitational (5K)	36:03.06 (122 nd)
	Leopard Invitational (6K)	38:55.10 (100 th)
	St. Joseph's Invitational (5K)	35:32.0 (86 th)
	CSAC Tournament (5K)	32:57.0 (56 th)

Men

Brian Dunphy	Delaware Valley Invitational (8K)	29:18.9 (24 th)
	Immaculata Invitational (8K)	30:22 (12 th)
	Falcon Classic (8K)	28:11.8 (first)
	Blue Knight Invitational (8K)	31:09.62 (20 th)
	DeSales Invitational (8K)	29:12.27 (76 th)
	Leopard Invitational (8K)	29:22.60 (97 th)
	St. Joseph's Invitational (8K)	30:47.0 (11 th)
	CSAC Tournament (8K)	31:39.0 (21 st)
Chad Lepas	Delaware Valley Invitational (8K)	35:58.0 (126 th)
	Falcon Classic (8K)	30:17.9 (10 th)
	Blue Knight Invitational (8K)	33:44.56 (59 th)
	DeSales Invitational (8K)	30:25.87 (136 th)
	Leopard Invitational (8K)	30:10.60 (114 th)
	St. Joseph's Invitational (8K)	31:21.0 (15 th)
	CSAC Tournament (8K)	31:11.0 (19 th)
Andrew Schilling	Delaware Valley Invitational (8K)	35:58.2 (127 th)

Gary Kowaleski	Delaware Valley Invitational (8K)	39:25.0 (147 th)
	Immaculata Invitational (8K)	38:05 (75 th)
	Falcon Classic (8K)	38:18.8 (32 nd)
	Leopard Invitational (8K)	33:07.20 (127 th)
	St. Joseph's Invitational (8K)	40:40.0 (61 st)
	CSAC Tournament (8K)	37:32.0 (46 th)
J.J. Mitchell	Delaware Valley Invitational (8K)	43:56.7 (153 rd)
	Immaculata Invitational (8K)	44:16 (85 th)
	Falcon Classic (8K)	41:12.3 (36 th)
	Blue Knight Invitational (8K)	41:21.27 (126 th)
	DeSales Invitational (8K)	36:22.44 (262 nd)
	Leopard Invitational (8K)	40:27.10 (129 th)
	St. Joseph's Invitational (8K)	41:02.0 (64 th)
Kevin Franzoni	Delaware Valley Invitational (8K)	45:34.8 (156 th)
	Immaculata Invitational (8K)	48:07 (88 th)
	Falcon Classic (8K)	45:37.4 (42 nd)
	Blue Knight Invitational (8K)	47:20.88 (143 rd)
	DeSales Invitational (8K)	45:11.26 (278 th)
Erik Hoagland	Delaware Valley Invitational (8K)	51:51.6 (160 th)
	Immaculata Invitational (8K)	50:31 (90 th)
	Falcon Classic (8K)	45:30.2 (41 st)
	Blue Knight Invitational (8K)	47:03.08 (141 st)
	DeSales Invitational (8K)	45:12.42 (279 th)
	Leopard Invitational (8K)	33:33.10 (128 th)
	St. Joseph's Invitational (8K)	45:15.0 (71 st)
Tom Ciarleglio	CSAC Tournament (8K)	39:25.0 (51 st)