

## **DANCE**

Dance technique classes are open to all students, beginners as well as those with previous training.

### **DAN 101 Dance Appreciation**

**3 Credits**

The purpose of this course is to help the student become a more interested, enlightened, and perceptive spectator of dance. It serves as a lifetime enrichment course for students in all areas of education and is essential for students of dance and other art forms. Class work includes researching individuals and dance forms, viewing dance works live and on film, and reading dance literature.

### **DAN 105 Modern Dance I**

**1 Credit**

The class is an introduction to modern dance techniques. Students will study body alignment, locomotor and axial movements, spatial concepts, and composition techniques. The physical and expressive qualities of movement will be explored while developing strong bodies. There is no prerequisite. The course is repeatable for credit. Students enrolled in this course may wish to participate in the Dance Company. The student may select Pass/Fail option.

### **DAN 107 – 108 Ballet I & II**

**1 Credit/Semester**

These classes are introductory courses to ballet technique and have no prerequisites. All technique classes may be repeated for credit and students may select Pass/Fail option.

### **DAN 112 Jazz I**

**1 Credit**

The class is an introduction to jazz dance techniques forms and styles. The physical and expressive qualities of movement will be explored while developing strong bodies. There is no prerequisite. The course is repeatable for credit and the student may select Pass/Fail option

### **DAN 115 Aerobic Dance and Fitness**

**2 Credits**

This studio class will consist of intense physical and respiratory workout. Lectures covering the functioning body, injury prevention, nutrition and dietary care. This course has no prerequisites.